



# ROCKLIN YOUTH FLAG FOOTBALL Fall 2014

Rocklin Flag Football (formerly NFL) is a **coed, 5 on 5**, recreational program that emphasizes skill development, sportsmanship, and FUN! The program consists of one practice and one game per week. If enough girls register, the league will be split into Boys and Girls Divisions. There is also a PreK-Kindergarten that will only meet on Saturdays for drills and instruction

## Fees

**\$85 R/\$95 NR for 1st-12th Grade Leagues - includes uniform**

**\$60 R/\$70 NR for 1st-12th Grade Leagues - no uniform needed (already have)**

**\$29 R/\$39 for PK/K**

**Comp Teams (3/4 and 5/6) - \$500 per team, plus \$25 each for any uniforms that need to be ordered.**

**DEADLINE TO ENSURE ELIGIBILITY - AUGUST 16!**

Space is limited and first-come, first-served.

## Equipment

Each participant will be issued a set of one red and one white team jersey that must be worn during all games and clinics. These are the same as we started using in the Fall of 2013, so you may still use those if you have them and do not need to purchase new ones. PreK/K players will receive a Rocklin Flag Football T Shirt. Participants are required to provide their own shoes (cleats recommended) and mouth guards are recommended..



## Divisions:

PreK/K, 1st-2nd, 3rd-4th Rec, 3rd-4th Comp, 5th-6th Rec, 5th-6th Comp, 7th-8th, 9th-10th, 11th-12th.

All 1st-12th grade teams practice once during the week and play games on Saturday. The PreK-K clinics will take place on four Saturdays, starting October 4.

PreK-Kindergarten Clinics. Code 14460

This 4-week clinic will focus on fundamentals, skill development and fun!

Grades 1-2 code: 14452

This division is instructional. Practices are held on Tuesday evenings at Kathy Lund Park.

Grades 3-4 Rec code: 14453. Grades 3-4 Comp code: 14456. Grades 5-6 Rec code: 14454.

Grades 5-6 Comp code: 14457 Grades 7-8 code: 14455. Grades 9-10 code: 14458. Grades 11-12 code: 14459

All divisions are recreational, except for the 3/4 and 5/6 Comp. Teams will be coached by parent volunteers. Teams will be formed by a draft. Practices will be held on a weeknight once a week at various locations (determined by coach).

Comp Teams register as a team, not individuals.

## Dates/Schedule:

**Tryouts will be held 9/13 - location TBA**

Practices begin the week of 9/22.

**9/27 - Opening Day Details TBA.**

Leagues start Saturday, September 27 and continues to Saturday, November 8.

## Saturday Schedules - Tentative- starting September 27 - Locations TBA

PreK-Kindergarten Clinics (October 4-25) - (Maximum 60 participants)

1st-2nd Grade League Games (Maximum 10 teams)

3rd-4th Grade Rec and Comp League Games (Maximum 8 teams in each)

5th-6th Grade Rec and Comp League Games (Maximum 8 teams in each)

7th-8th Grade League Games (Maximum 6 teams)

9th-10th and 11th-12th Grade Teams (Maximum 6 teams in each)

## Coaches

We are looking for volunteer coaches. All coaches will be required to complete a LIFESCAN check.

You can download the application on our website: [www.rocklin.ca.us/youthsports](http://www.rocklin.ca.us/youthsports)

## Rules

We play by Rocklin Flag Football rules. You can see them on our website: [www.rocklin.ca.us/youthsports](http://www.rocklin.ca.us/youthsports)

## To Register:

Complete the registration form on the back of this flyer. Walk-in, mail-in or go online ([www.rocklin.ca.us/youthsports](http://www.rocklin.ca.us/youthsports))



## 2013 Rocklin Flag Football Registration Form

Return completed form to Rocklin Parks & Recreation, 5460 5th Street., Rocklin, CA 95677. First-come, first-served.

Checks should be made payable to the City of Rocklin.

Player's Name \_\_\_\_\_ Circle one: M F Birth date \_\_\_\_\_

School Attending \_\_\_\_\_ Grade \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ Zip \_\_\_\_\_

Email \_\_\_\_\_

Parent's Name \_\_\_\_\_ Contact Phone \_\_\_\_\_

Please indicate jersey size: Youth XS Youth S Youth M Youth L Adult S M L XL XXL

\*Jerseys tend to run small. You will get the size you order so choose carefully.

## Release & Indemnity

In consideration for being permitted by the City of Rocklin to participate in the above activity (ies), I hereby waive, release and discharge any and all claims for damages for personal injury, death, or property damage which I or my child may have, or which hereafter accrue to me, or my child, against the city as a result of my or my child's participation in the activity (ies). This release is intended to discharge the city, its officers, officials, employees and volunteers, and any other involved public agencies from and against any and all liability arising out of or connected in any way with my or my child's participation in the activity, even though that liability may arise out of negligence or carelessness on the part of the persons or public agencies mentioned above. I further understand that accidents and injuries can arise out of the activities; knowing the risks, nevertheless, I hereby agree to assume those risks and to release and hold harmless all of the persons or agencies mentioned above who (through negligence or carelessness) might otherwise be liable to me, or my child (or my or my child's heirs or assigns) for damages. It is further understood and agreed that this waiver, release and assumption of risk is to be binding on my and my child's heirs and assigns. In addition, I agree to indemnify and hold harmless the city and its officers, officials, employees and volunteers from and against all claims, damages, losses and expenses including attorney fees arising out of my or my child's participation in the activity (ies) described above, caused in whole or in part by my and my child's negligent act, except where caused by the active negligence, sole negligence, or willful misconduct of the city.

**I HAVE CAREFULLY READ THE ABOVE RELEASE & INDEMNITY AGREEMENT AND FULLY UNDERSTAND ITS CONTENTS. I AM AWARE THAT THIS IS A RELEASE OF LIABILITY AND AGREEMENT TO INDEMNIFY THE CITY AND I SIGN IT OF MY OWN FREE WILL.**

**Signature of participant (if under 18, Parent or Guardian)** \_\_\_\_\_ **Date** \_\_\_\_\_

## Photograph Release

I hereby grant to the City of Rocklin the absolute and irrevocable right and permission to use, reuse, and publish all pictures of me or my child taken in the course of City of Rocklin business. I fully understand that I hold no control over the use of the photograph (s) of which I or my child is a part. Further, I grant to the City of Rocklin, and those who the city may represent, the right to use my name or my child's name. I hereby release the City of Rocklin from any and all claims and demands arising out of, or in connection with, the City of Rocklin, as well as the person (s) who took the photograph (s). **I have fully read the foregoing and completely understand the contents.**

**Signature of participant (if under 18, Parent or Guardian)** \_\_\_\_\_ **Date** \_\_\_\_\_

## Coaches Needed!

Interested coaches can apply by downloading the form at: [www.rocklin.ca.us/youthsports](http://www.rocklin.ca.us/youthsports)

## Credit / Refund Policy

Full credits or refunds are issued only if a class is cancelled by the City of Rocklin Parks & Recreation Department. Credits can be kept on account for one year from date of issue and applied towards any Recreation program. No Credits or refunds will be issued after a program has begun or due to a customer's failure to attend a program or due to weather or natural disaster. Written refund requests may be submitted for special circumstances only. Expenses incurred by the Department will not be refunded to customer. Refunds issued will be charged a \$5 processing fee and may take up to 30 days.

Amount: \_\_\_\_\_ Ck#: \_\_\_\_\_ CC: \_\_\_\_\_ Receipt#: \_\_\_\_\_ Date: \_\_\_\_\_ By: \_\_\_\_\_